

# MUSKOKA ROCKS

Run 10k • Run/Walk 5k • The Magical 1k Kids Run • The Cottage Challenge!

Muskoka Rocks  
Sunday August 7, 2005  
5K

## Entrants Finishers

Total	128	110
Male	43	40
Female	84	70
Unknown	1	0

O'all Place	Bib	Name	Time	Class Place/Finishers	Gender Place	Pace /Km	City
1	4257	Darcy J Wilson	17:24	SM-14	1/19	1 3:29	Stratford
2	4332	Alex Becker	19:38	SF15-19	1/3	1 3:56	Guelph
3	4302	Jason Sanio	21:50	SM15-19	1/1	2 4:22	Bracebridge
4	4240	Rick Mohorovich	23:04	SM45-49	1/5	3 4:37	Mississauga
5	4248	Lockey V Rhynold	24:24	SM20-24	1/1	4 4:53	Barrie
6	4239	Richie Mohorovich	24:30	SM-14	2/19	5 4:54	Mississauga
7	4304	Colin Heyens	24:36	SM-14	3/19	6 4:56	Stoney Creek
8	4264	Catherine Parkinson	24:48	SF25-29	1/5	2 4:58	
9	4265	Jason Piekarz	24:52	SM35-39	1/1	7 4:59	
10	4297	Natalie Rogers	24:57	SF20-24	1/2	3 5:00	Bradford
11	4251	Gary Stockie	25:07	SM50-54	1/4	8 5:02	waterloo
12	4233	Scott McConnell	25:28	SM45-49	2/5	9 5:06	Dorset
13	4276	Liam Cook	25:48	SM-14	4/19	10 5:10	
14	4306	Ryley Hayter	26:19	SM-14	5/19	11 5:16	Nepean
15	4305	Shelby Hayter	26:19	SF40-44	1/9	4 5:16	Nepean
16	4337	Lucinda Becker	26:43	SF45-49	1/7	5 5:21	Guelph
17	4263	Robert Peacock	27:12	SM45-49	3/5	12 5:27	Belfountain
18	4292	Carter Sopik	27:39	SM-14	6/19	13 5:32	
19	4303	Bryan Heyens	27:40	SM-14	7/19	14 5:32	Stoney Creek
20	4334	Ken Bodnar	28:01	SM55-59	1/2	15 5:37	Cambridge
21	4254	Sarah Taylor	28:13	SF-14	1/22	6 5:39	Ajax
22	4290	Cole Sopik	28:47	SM-14	8/19	16 5:46	
23	4253	Sandra Taylor	29:03	SF45-49	2/7	7 5:49	Ajax
24	4246	Joanna E Patterson	29:07	SF15-19	2/3	8 5:50	Unionville
25	4272	Susan Daniels	29:13	SF45-49	3/7	9 5:51	
26	4273	Stacey Ferguson Carter	29:13	SF-14	2/22	10 5:51	
27	4267	Connor McMahon	29:16	SM-14	9/19	17 5:52	
28	4249	Brynn Rickard	29:57	SF-14	3/22	11 6:00	Newcastle
29	4208	Emma L Cohlmeier	29:58	SF20-24	2/2	12 6:00	Thornton
30	801	Maria Ahrens	30:00	SF35-39	1/7	13 6:00	Newmarket
31	4230	Emma Macintosh	30:10	SF-14	4/22	14 6:02	Toronto
32	4266	Taylor McMahon	30:14	SF-14	5/22	15 6:03	
33	4241	Kim Morton	30:25	SF35-39	2/7	16 6:05	Rosseau
34	4204	Denise Bissonette	30:25	SF30-34	1/5	17 6:05	Rosseau
35	4226	Christina Lines	30:25	SF35-39	3/7	18 6:05	Rosseau
36	4326	Martine Lloyd	30:31	SF-14	6/22	19 6:07	Rosseau
37	4327	Philip Lloyd	30:32	SM-14	10/19	18 6:07	Rosseau
38	4330	Ron Lloyd	30:41	SM40-44	1/5	19 6:09	Rosseau
39	4328	Pam Lloyd	30:41	SF40-44	2/9	20 6:09	Rosseau
40	4229	Ellie Macintosh	31:05	SF-14	7/22	21 6:13	Toronto

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41	4277	Amelia Cook	31:16	SF-14	8/22	22	6:16	
42	4316	Paul Steffler	31:21	SM50-54	2/4	20	6:17	Lindsay
43	4301	Carol Sanio	31:24	SF45-49	4/7	23	6:17	Bracebridge
44	4298	Cindy Nicholson	31:46	SF45-49	5/7	24	6:22	Port Carling
45	4236	Mike J Michalski	31:57	SM40-44	2/5	21	6:24	Waterloo
46	4252	Susan F Sutin	31:58	SF50-54	1/6	25	6:24	Toronto
47	4212	Trish A Duffney	32:03	SF30-34	2/5	26	6:25	London
48	4333	Kara Hagerman	32:22	SF25-29	2/5	27	6:29	Chicago
49	4286	Janice Glover	32:26	SF40-44	3/9	28	6:30	
50	4256	Nancy Vickers	32:48	SF35-39	4/7	29	6:34	Orillia
51	4225	Lindsey M Jones	32:55	SF25-29	3/5	30	6:35	Gilford
52	4258	Fiona Berass	33:09	SF15-19	3/3	31	6:38	
53	4335	Corinne Hagerman	33:14	SF50-54	2/6	32	6:39	Cambridge
54	4324	Darius Knight	33:40	SM50-54	3/4	22	6:44	Markham
55	4329	Mackenzie Lloyd	34:00	SF-14	9/22	33	6:48	Rosseau
56	4261	Deb Peacock	34:30	SF45-49	6/7	34	6:54	Belfountain
57	4243	Alyssa Opzoomer	34:35	SF-14	10/22	35	6:55	Port Carling
58	4245	Jamie Opzoomer	34:46	SM-14	11/19	23	6:58	Port Carling
59	4244	India Opzoomer	34:46	SF-14	11/22	36	6:58	Port Carling
60	4309	Ben Merrick	34:47	SM-14	12/19	24	6:58	Indianapolis
61	4308	Andrew Merrick	34:48	SM40-44	3/5	25	6:58	Indianapolis
62	4262	Sarah Peacock	35:44	SF-14	12/22	37	7:09	Belfountain
63	4235	Laurie A Michalski	35:48	SF35-39	5/7	38	7:10	Waterloo
64	4325	Pippa Hill-Strathy	35:48	SF55-59	1/3	39	7:10	Toronto
65	4242	Kristi K Nicholl	36:11	SF30-34	3/5	40	7:15	Toronto
66	4268	Mark McMahon	36:30	SM45-49	4/5	26	7:18	
67	4250	Rebecca C Smith	36:33	SF30-34	4/5	41	7:19	Binbrook
68	4274	Emma Orcutt	36:49	SF-14	13/22	42	7:22	
69	4205	Rhonda Blanch	36:50	SF25-29	4/5	43	7:22	Mississauga
70	4275	Cathy Orcutt	36:50	SF40-44	4/9	44	7:22	
71	4231	Tina m Matthews	37:29	SF30-34	5/5	45	7:30	Gravenhurst
72	4285	Judy Davies	37:43	SF55-59	2/3	46	7:33	
73	4293	Cathy Beriault	38:01	SF50-54	3/6	47	7:37	
74	4269	Katie Arthur	38:03	SF-14	14/22	48	7:37	
75	4294	Diane Jaskot	38:08	SF50-54	4/6	49	7:38	
76	4202	Sarah Barstow	38:09	SF35-39	6/7	50	7:38	Port Carling
77	4220	Matthew S Hartog	38:23	SM-14	13/19	27	7:41	Newmarket
78	4284	Jessica Barford	38:41	SF-14	15/22	51	7:45	
79	4206	Tammy C Cameron	39:06	SM30-34	1/1	28	7:50	Mississauga
80	4224	Grethe Johnson	39:06	SF25-29	5/5	52	7:50	Mississauga
81	4259	Clive McBride	39:30	SM55-59	2/2	29	7:54	
82	4238	Mitchell Mohorovich	40:19	SM-14	14/19	30	8:04	Mississauga
83	4247	Janice Quigg	40:25	SF35-39	7/7	53	8:05	Mississauga
84	4217	Allison A Hartog	42:28	SF-14	16/22	54	8:30	Newmarket
85	4319	Eric Van Hees	42:32	SM-14	15/19	31	8:31	Oakville
86	4291	Tory Sopik	43:25	SF-14	17/22	55	8:41	
87	4270	Jonathon Arthur	43:54	SM-14	16/19	32	8:47	
88	4271	Mark Arthur	43:54	SM45-49	5/5	33	8:47	
89	4288	Jeff Sopik	44:30	SM40-44	4/5	34	8:54	
90	4287	Victoria Sopik	44:31	SF40-44	5/9	56	8:55	
91	4321	Mark Van Hees	45:47	SM-14	17/19	35	9:10	Oakville
92	4314	Katie Leggat	46:53	SF-14	18/22	57	9:23	Oakville
93	4320	David Van Hees	47:38	SM-14	18/19	36	9:32	Oakville
94	4322	Nick Van Hees	47:46	SMNOAGE	1/1	37	9:34	Oakville
95	4323	Rosanne Hranek-Van Hee	47:47	SF40-44	6/9	58	9:34	Oakville

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96	4282	Harrison Barford	49:17	SM-14	19/19	38	9:52	
97	4283	Mack Barford	49:21	SM50-54	4/4	39	9:53	
98	4260	Jackie Kubica	49:21	SF40-44	7/9	59	9:53	
99	4315	Patty Guidry	49:22	SF55-59	3/3	60	9:53	Uxbridge
100	4296	Linda Dick	51:45	SF60+	1/1	61	10:21	Dunnville
101	4295	Annette McDermotte	51:46	SF50-54	5/6	62	10:22	
102	4207	Mary Clough	52:04	SF50-54	6/6	63	10:25	Port Carling
103	4222	Sierra S Hartog	54:05	SF-14	19/22	64	10:49	Newmarket
104	4219	Heather A Hartog	54:06	SF40-44	8/9	65	10:50	Newmarket
105	4221	Scott H Hartog	54:06	SM40-44	5/5	40	10:50	Newmarket
106	4211	Rachel Davies	54:06	SF-14	20/22	66	10:50	Toronto
107	4223	Phillips Jane	54:07	SF-14	21/22	67	10:50	Toronto
108	4237	Phillips Michelle	54:13	SF-14	22/22	68	10:51	Toronto
109	4210	Heather Davies	56:48	SF40-44	9/9	69	11:22	Toronto
110	4232	Colleen McCann	57:25	SF45-49	7/7	70	11:29	Mississauga

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Muskoka Rocks  
Sunday August 7, 2005  
10K

## Entrants Finishers

Total	151	140
Male	76	71
Female	75	69
Unknown	0	0

O'all Place	Bib	Name	Time	Class Place/Finishers	Gender Place	Pace /km	City
1	805	Scott Arnald	35:13	LM20-24	1/6	1 3:32	Waterloo
2	921	Bart Nichol	35:59	LM30-34	1/4	2 3:36	Parry Sound
3	879	Ian D Vickers	37:39	LM35-39	1/6	3 3:46	Orillia
4	829	Roderick Harding	37:56	LM35-39	2/6	4 3:48	Toronto
5	837	Paul W Huyer	38:20	LM45-49	1/13	5 3:50	Toronto
6	841	Brent Kennedy	38:23	LM15-19	1/12	6 3:51	waterloo
7	840	Tania J Jones	38:25	LF35-39	1/7	1 3:51	Richmond Hill
8	832	Jeffery B Hoover	39:17	LM20-24	2/6	7 3:56	Orillia
9	855	Carson Nimmo	39:42	LM15-19	2/12	8 3:59	Aurora
10	892	Alex Kane	40:45	LM15-19	3/12	9 4:05	
11	891	Brad Finch	41:05	LM15-19	4/12	10 4:07	
12	889	Mike Reid	41:18	LM15-19	5/12	11 4:08	
13	927	Patrick Cook	41:44	LM15-19	6/12	12 4:11	Ancaster
14	823	Glenn Fenning	41:47	LM40-44	1/10	13 4:11	Bond Head
15	807	Dan Birch	42:04	LM25-29	1/5	14 4:13	Ottawa
16	923	Gord Pauls	42:08	LM50-54	1/9	15 4:13	Hamilton
17	937	Aric Van Halen	43:12	LM15-19	7/12	16 4:20	Encino CA
18	821	Stefan M Edwards	43:37	LM15-19	8/12	17 4:22	Bala
19	943	Grant Williams	44:03	LM45-49	2/13	18 4:25	Toronto
20	851	Craig A McKean	44:22	LM30-34	2/4	19 4:27	Toronto
21	946	Sandy Bos	44:42	LM45-49	3/13	20 4:29	Bracebridge
22	882	Ellen M Yeo	45:13	LF40-44	1/19	2 4:32	Bracebridge
23	869	Jessica E Sheppard	45:24	LF20-24	1/8	3 4:33	Rosseau
24	922	Lisa Stafford	45:28	LF20-24	2/8	4 4:33	Parry Sound
25	917	Andy Burgess	45:39	LM40-44	2/10	21 4:34	
26	893	Mike McIntosh	45:54	LM15-19	9/12	22 4:36	
27	944	Susan Tovee	46:36	LF50-54	1/6	5 4:40	Huntsville
28	910	Matt Smith	46:39	LM15-19	10/12	23 4:40	
29	890	Barb McMahan	46:58	LF35-39	2/7	6 4:42	
30	858	Andre R Nowakowski	47:01	LM30-34	3/4	24 4:43	Toronto
31	904	Michael Griffiths	47:06	LM50-54	2/9	25 4:43	
32	825	Gaye Gemmell	47:12	LF40-44	2/19	7 4:44	Oakville
33	894	Jennifer Roberts	47:17	LF15-19	1/5	8 4:44	
34	901	Bruce Harris	47:41	LM45-49	4/13	26 4:47	
35	861	Jay Peacock	47:45	LM15-19	11/12	27 4:47	Belfountain
36	863	Bruce A Reville	47:51	LM45-49	5/13	28 4:48	George Road
37	833	Christine M Horner	47:53	LF40-44	3/19	9 4:48	Brampton
38	875	David E Sutin	47:59	LM50-54	3/9	29 4:48	Toronto
39	945	Ciara Morin	48:17	LF15-19	2/5	10 4:50	Huntsville
40	817	Kris Cumpson	48:19	LM20-24	3/6	30 4:50	Glenburnie
41	941	Mike Sandrack	48:22	LM40-44	3/10	31 4:51	Waterloo

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42	876	Brian Taylor	48:24	LM45-49	6/13	32	4:51	Ajax
43	849	Don Macintosh	48:25	LM45-49	7/13	33	4:51	Toronto
44	905	Rob Secor	48:29	LM40-44	4/10	34	4:51	
45	906	Russ Cook	48:31	LM45-49	8/13	35	4:52	
46	853	Jennifer M Meek-Edward	49:34	LF40-44	4/19	11	4:58	Bala
47	916	Beth Burgess	49:55	LF40-44	5/19	12	5:00	
48	4299	John Thomson	49:56	LM35-39	3/6	36	5:00	Toronto
49	864	Robin R Rickard	49:58	LF40-44	6/19	13	5:00	Newcastle
50	918	Bill Ferris	50:40	LM35-39	4/6	37	5:04	
51	4307	Lynne Benjamin	50:55	LF40-44	7/19	14	5:06	Oakville
52	897	Robina Teed	51:07	LF45-49	1/15	15	5:07	
53	936	Krista Lariviere	51:19	LF30-34	1/7	16	5:08	Barrie
54	925	Jennifer Knowles	51:21	LF50-54	2/6	17	5:09	Toronto
55	843	John Lang	51:33	LM50-54	4/9	38	5:10	Markham
56	822	Barbara J Evans	51:50	LF20-24	3/8	18	5:11	Minett
57	926	Glenn Orchard	52:05	LM40-44	5/10	39	5:13	Etobicoke
58	819	Ted Davies	52:12	LM35-39	5/6	40	5:14	Toronto
59	852	Nancy A. McLaughlin	52:24	LF45-49	2/15	19	5:15	Whitby
60	939	Molly Evanshen	52:36	LF45-49	3/15	20	5:16	
61	912	Susan Jewett	52:46	LF45-49	4/15	21	5:17	
62	913	Irene King	52:46	LF45-49	5/15	22	5:17	
63	902	Mike Lyons	52:48	LM25-29	2/5	41	5:17	
64	4300	Cathy Thomson	52:52	LF35-39	3/7	23	5:18	Mississauga
65	830	Tegan Helde	52:57	LF35-39	4/7	24	5:18	London
66	854	Kyle Miller	53:19	LM25-29	3/5	42	5:20	North York
67	929	Maris Lush	53:22	LF20-24	4/8	25	5:21	Burlington
68	874	Merideth Stockie	53:27	LF20-24	5/8	26	5:21	waterloo
69	881	Scott Weldon	53:29	LM20-24	4/6	43	5:21	waterloo
70	915	Ken Movat	53:37	LM45-49	9/13	44	5:22	
71	814	Alice-Meagan Broughton	54:15	LF20-24	6/8	27	5:26	Keswick
72	862	Bud Purves	54:16	LM55-59	1/4	45	5:26	Toronto
73	935	Andy Mitchell	54:20	LM40-44	6/10	46	5:26	Barrie
74	947	Erika Topp	54:32	LF40-44	8/19	28	5:28	Toronto
75	948	Bruce Topp	54:32	LMNOAGE	1/1	47	5:28	Toronto
76	883	Geoff Lee	54:35	LM55-59	2/4	48	5:28	Gravenhurst
77	942	Mark Trachuk	55:03	LM40-44	7/10	49	5:31	Toronto
78	836	Sarah Hull	55:18	LF15-19	3/5	29	5:32	Toronto
79	813	Helen Braithwaite	55:19	LF40-44	9/19	30	5:32	Toronto
80	938	Heather Fernandez	55:21	LF30-34	2/7	31	5:33	
81	900	Mark Orcutt	55:36	LM50-54	5/9	50	5:34	
82	815	Charmaine E Broughton	55:38	LF30-34	3/7	32	5:34	Keswick
83	848	Stephanie Lockhart	55:41	LF40-44	10/19	33	5:35	Caledon Village
84	838	David A Jarvis	55:52	LM50-54	6/9	51	5:36	Toronto
85	886	Jon Diplock	56:43	LM20-24	5/6	52	5:41	
86	920	April Hawtin	56:52	LF40-44	11/19	34	5:42	
87	824	Robert A Fraser	56:53	LM50-54	7/9	53	5:42	Ilderton
88	887	Sarah Stone	57:11	LF15-19	4/5	35	5:44	
89	873	Julie Stanton	57:12	LF35-39	5/7	36	5:44	Oakville
90	870	Brian R Smith	57:13	LM30-34	4/4	54	5:44	Mississauga
91	909	Jeff Smith	57:23	LM45-49	10/13	55	5:45	
92	871	Gord Smith	57:31	LM40-44	8/10	56	5:46	Mississauga
93	865	Wayne B Rudson	57:56	LM45-49	11/13	57	5:48	Toronto
94	928	Leigh Gable	58:15	LF20-24	7/8	37	5:50	Burlington
95	827	Lesley Giles	58:19	LF45-49	6/15	38	5:50	Oakville
96	908	Terry Cassaday	58:21	LM45-49	12/13	58	5:51	

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97	812	Angela Bourne	58:28	LF45-49	7/15	39	5:51	London
98	834	Andrea Howard	58:55	LF25-29	1/1	40	5:54	Markham
99	878	Tony Tumminieri	59:17	LM55-59	3/4	59	5:56	Toronto
100	867	Mary P Shea	59:20	LF40-44	12/19	41	5:56	Bracebridge
101	907	Brenda Cassaday	59:22	LF45-49	8/15	42	5:57	
102	877	Ardyn R Todd	59:42	LM60+	1/1	60	5:59	Gravenhurst
103	868	Melvin C Shea	59:45	LM55-59	4/4	61	5:59	Bracebridge
104	850	Marie MacRae	59:46	LF40-44	13/19	43	5:59	Dundas
105	860	Jenefer Pardy	59:52	LF35-39	6/7	44	6:00	Barrie
106	856	Margot Nimmo	59:59	LF45-49	9/15	45	6:00	Aurora
107	880	Blake M Waddell	1:00:13	LM20-24	6/6	62	6:02	Belfountain
108	885	Art Stone	1:00:27	LM50-54	8/9	63	6:03	
109	932	Liisa Kukk	1:00:29	LF30-34	4/7	46	6:03	Elora
110	866	Sari Seifer	1:00:52	LF40-44	14/19	47	6:06	Toronto
111	839	Brad R Johnston	1:01:04	LM40-44	9/10	64	6:07	Port Carling
112	903	Celia Turnbull	1:01:35	LF50-54	3/6	48	6:10	
113	911	Jean Barford	1:01:43	LF45-49	10/15	49	6:11	
114	857	Jeffery Norris	1:02:17	LM35-39	6/6	65	6:14	Richmond Hill
115	831	Marie Hewitt	1:02:17	LF45-49	11/15	50	6:14	Richmond Hill
116	808	Charles Birchall	1:02:30	LM50-54	9/9	66	6:15	Ottawa
117	828	Kim Hamill	1:02:39	LF30-34	5/7	51	6:16	Etobicoke
118	884	Amy Parsons	1:03:02	LF30-34	6/7	52	6:19	
119	818	Elaine Davey	1:03:11	LF40-44	15/19	53	6:20	Dundas
120	898	Dorothy Elliott	1:03:13	LF45-49	12/15	54	6:20	
121	895	Marina Maitland	1:03:21	LF45-49	13/15	55	6:21	
122	896	Chris Pratt	1:03:21	LF50-54	4/6	56	6:21	
123	924	Esther Pauls	1:03:23	LF50-54	5/6	57	6:21	Hamilton
124	816	Nicole S Calvert-McKea	1:03:24	LF35-39	7/7	58	6:21	Gravenhurst
125	872	Wendy L Smith	1:03:40	LF30-34	7/7	59	6:22	Mississauga
126	859	Heidi Opzoomer	1:03:52	LF40-44	16/19	60	6:24	Toronto
127	919	Amy Cochren	1:03:56	LF20-24	8/8	61	6:24	
128	940	Catherine Morgan	1:04:11	LF15-19	5/5	62	6:26	Toronto
129	820	Monique M Dubord	1:04:59	LF40-44	17/19	63	6:30	Toronto
130	933	Adam Tumminieri	1:05:22	LM25-29	4/5	67	6:33	Toronto
131	4279	Emerson Cassaday	1:05:42	LM15-19	12/12	68	6:35	
132	4331	L Bond	1:05:46	LF45-49	14/15	64	6:35	Uxbridge
133	845	Rosemary B Leith	1:05:47	LF40-44	18/19	65	6:35	London
134	899	Sue Battiston	1:05:48	LF55-59	1/1	66	6:35	
135	809	Barb Black	1:05:57	LF40-44	19/19	67	6:36	Oakville
136	846	Sue-Ann Levy	1:06:30	LF45-49	15/15	68	6:39	Toronto
137	826	Dave Giles	1:07:03	LM45-49	13/13	69	6:43	Oakville
138	888	Paul LaCroix	1:07:29	LM40-44	10/10	70	6:45	
139	934	Roger Tumminieri	1:10:51	LM25-29	5/5	71	7:06	Toronto
140	914	Kathy Patterson	1:11:35	LF50-54	6/6	69	7:10	